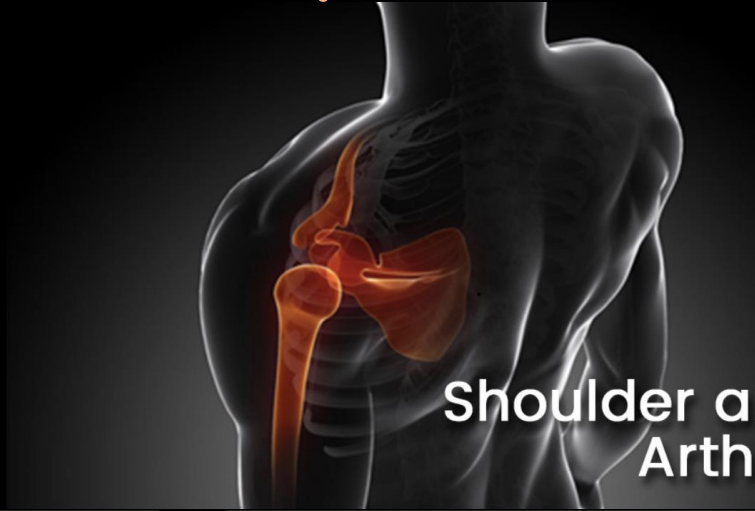


# ARTHROSCOPY PREMIER COURSE

Department of Orthopaedics, Lady Hardinge Medical College  
In Association with Indian Arthroscopy Society and Delhi Orthopaedic Association

## Elevating Arthroscopic Excellence



Shoulder and Knee  
Arthroscopy



Dept. Of Orthopaedics  
LHMC, New Delhi



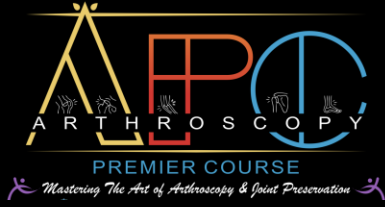
20<sup>th</sup> June 2026  
8:00 AM – 5:00 PM



### PREMIER COURSE

*Mastering The Art of Arthroscopy & Joint Preservation*





# Welcome Message

Dear Friends,

On behalf of organizing team, I welcome you all to Arthroscopy Premier Course! I am incredibly excited to announce that this course will definitely succour you in pioneering your surgical future in the field of arthroscopy. Dept. Of Orthopaedics, LPMC always aim is to create a collaborative and supportive learning environment. Minimally invasive surgery is need of an hour and APC 2026 will provide hands on training on cadavers to aspiring Orthopods cultivating the enriching environment of learning.

I am looking forward to a fantastic Course together!

Thank You



**Dr. Alok Sud**  
Course Convener

Dear Friends,

Arthroscopy Premier Course (APC) is a thoughtful initiative in continuation to our previous courses to elevate arthroscopy excellence and mastering the art of managing sports injury and joint preservation surgeries.

What sets this edition apart is its strong hands-on focus by providing cadaveric hands on training to aspiring delegates in shoulder and knee arthroscopy. Apart from Cadaveric lab, delegates will get opportunity to practice core skills of triangulation, knot tying, graft preparation in dry labs on arthroscopy simulator models. Each station will be supervised by experienced faculty, ensuring one to one training, guidance and meaningful skill acquisition for every participant.

We warmly Welcome you to be a part of this academic meet

Thank you



**Dr. Amit Sharma**  
Organizing Chairman

## Patrons



**Dr. Sarita Beri**  
Director LHMC



**Dr. L H Ghotekar**  
Medical Superintendent



**Dr. Shilpi Agarwal**  
Principal LHMC



**Dr. Mukesh Kalra**  
Ex-HOD (Ortho)

## Organizing Team



**Course Convener**  
**Dr. Alok Sud**



**Course Co-Convener**  
**Dr. Vivek Jangira**



**Course Co-Convener**  
**Dr. Anjoo Yadav**



**Scientific Chairman**  
**Dr. Sumit Gupta**



**Organizing Chairman**  
**Dr. Amit Sharma**



**Treasurer**  
**Dr. Sanjay Meena**



**Scientific Co-Chairman**  
**Dr. Shameem Ahmad**



**Organizing Secretary**  
**Dr. Lokesh Raghav**



**Co-Organizing Secretary**  
**Dr. Sukhmin Singh**

## IAS and DOA Dignitaries



**Dr. Sundararajan SR**  
President IAS



**Dr. Rajiv Raman**  
Secretary IAS



**Dr. Vinod Kumar**  
President DOA



**Dr. Sandeep Kumar**  
Secretary DOA

# Shoulder Course Module

## Cadaveric Lab



**3 Delegates**  
**1 Shoulder**  
**1 Faculty**

**Bankart**  
**Repair and**  
**Remplissage**

## Dry Shoulder Lab



**Arthroscopy**  
**Triangulation**  
**On Alex Shoulder**



**Suture & Knot Tying**



**Saw Bone Workshop**

## Registration Tariff (For Shoulder Course)

	Till 10th June	11th June Onwards
Shoulder Course	Rs. 10,000/- (Incl. GST)	Rs. 12,000/- (Incl. GST)

**For Shoulder Course- Minimum Eligibility – Delegates with at least post PG > 1year experience can register**

**One Delegate can Register for either Shoulder or Knee Course**



**REGISTER HERE**

**Google form QR code**  
**Registration Link**



**Payment QR code**



**SCAN TO PAY**

# Knee Course Module

## Cadaveric Lab



## Dry Knee Lab



Arthroscopy  
Triangulation



Graft Preparation



Saw Bone Workshop

**3 Delegates**  
**1 Knee**  
**1 Faculty**

**ACL Recon. &  
Meniscus  
Repair**

## Registration Tariffs (For knee Course)

	Till 10th June	11th June Onwards
Knee Course	Rs. 8,000/- (Incl. GST)	Rs. 10,000/- (Incl. GST)

**For Knee Course – Minimum Eligibility - 3<sup>rd</sup> year PG and above can register**

**One Delegate can Register for either Shoulder or Knee Course**



**REGISTER HERE**

Google form QR code  
Registration Link



Payment QR code



**SCAN TO PAY**

# Registration Tariffs

Course	Till 10th June	11th June Onwards
Shoulder Course	Rs. 10,000/- (Incl. GST)	Rs. 12,000/- (Incl. GST)
Knee Course	Rs. 8,000/- (Incl. GST)	Rs. 10,000/- (Incl. GST)

- ➔ **For Shoulder Course- Minimum Eligibility – Delegates with at least post PG > 1year experience can register**
- ➔ **For Knee Course – Minimum Eligibility - 3<sup>rd</sup> year PG and above can register**
- ➔ **One Delegate can Register for either Shoulder or Knee Course**

**Pay Your Registration fees Either by NEFT or Scan QR Code.**

## Account Details for NEFT Registration Fees

Account No.	5116081042
IFSC Code	CBIN0283462
Bank Name	Central Bank of India(LHMC Branch)



**SCAN TO PAY**



**After Payment Fill Google Form Using QR or Click to Register.**



**REGISTER HERE**

**CLICK HERE  
TO REGISTER**



<https://forms.gle/9bm8x1wi5exDeVgE9>



# Conference Secretariats

**Dr. Amit Sharma**

**Organizing Chairman**

Room No. 207

Department of Orthopaedics

Lady Hardinge Medical College, Delhi

Contact : 9871278977

**Dr. Lokesh Raghav**

**Organizing Secretary**

Room No. 214

Department of Orthopaedics

Lady Hardinge Medical College, Delhi

Contact : 9718810330

